

Jan/Feb 2023

# Valmont VINTAGE

CELEBRATING *150 years* OF GOD'S FAITHFULNESS!



Valmont Community Presbyterian Church



## Pastor Eric

*"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people." Ephesians 6:18*

The Spirit gives many gifts to the church so as to equip and support us in the ministry entrusted to us by Christ. Paul notes that these gifts vary in nature, but are all intended for our mutual-edification rather than as a means of lording power over one another. Paul never offers an exhaustive list of the Spirit's gifting, but he does tell

the Romans that the works of the church are to "be joyful in hope, patient in affliction, faithful in prayer" (Romans 12:12). All of the spiritual gifts are to be exercised in faithful prayer.

Prayer is the lifeblood of the Christian life, as it re-attunes us to the Lord's will, directing us in how to partner with this will in our daily lives.

Prayer opens us up to be changed; to be conformed to God's desires for the world. This is why prayer is not a spiritual gift, but rather one of the essential tools for employing the gifts we've been given.

And with this in mind, I would like to invite you to join me in honing our prayer lives throughout the season of Lent. I know that we are still a couple months away from that preparatory season, but I wanted to give you all a heads-up for a Wednesday night



gathering that will be less of a class and more of a practice in the life of prayer. Each week, following choir rehearsal, you will be invited to join us in the sanctuary or online for an hour diving deep into God's hopes for your life. May we all be strengthened by this time together.

In Christ, Eric

The prayer gathering will take place from 7:00pm-8:00pm on Wednesday 3/1, 3/8, 3/15, 3/22, 3/29, and 4/5.

## Ask a friend to join you.

You Have A Friend At Valmont!

**Worship at 10:30**  
**Sunday School 9:30**

3262 N. 61st Street,  
Boulder  
(61st Street & Valmont Road)

**303-442-2135**  
[www.ValmontChurch.org](http://www.ValmontChurch.org)

# Bulletin Board

## Elders:

*Peggy Moore*  
*Adrian Shin*

*Ruth Tisdale*  
*Don Lewis*

## Clerk of Session:

*Doug Myers*

## Deacons:

*Cindy Sexton*  
*Claudette Walpole*

*Marilyn Howard*

## Treasurer:

*Ruth Lewis*

## Church Administrator:

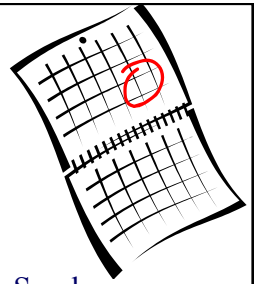
*Ella Travis*

## Choir/Worship Director:

## Accompanist:

*Stella Pradeau*

## Calendar



1/1 - Worship at 10:30am

1/4 - Choir Rehearsal at 5:45pm

1/8 - Worship at 10:30am,  
Education Hour at 9:00am, Epiphany Sunday

1/9 - Deacons at 3:30pm

1/11 - Choir Rehearsal at 5:45pm

1/15 - Worship at 10:30am,  
Education Hour at 9:00am, Communion Sunday

1/17 - Session at 5:30pm

1/18 - Women's' Association at 10:00am,  
Choir at 5:45pm

1/22 - Worship at 10:30am,  
Education Hour at 9:00am

1/25 - Choir Rehearsal at 5:45pm

1/29 - Worship at 10:30am,  
Education Hour at 9:00am, Fifth Sunday

2/1 - Choir Rehearsal at 5:45pm

2/5 - Worship at 10:30am,  
Education Hour at 9:00am

2/7 - Worship Team at 10:00am

2/8 - Choir Rehearsal at 5:45pm

2/12 - Worship at 10:30am, Education Hour at 9:00am

2/13 - Deacons at 3:30pm

2/15 - Women's Association at 10:00am,  
Choir Rehearsal at 5:45pm

2/19 - Worship at 10:30am,  
Education Hour at 9:00am,  
Communion Sunday, Transfiguration Sunday

2/21 - Session at 5:45pm

2/22 - Soup Supper at 6:00pm,  
Ash Wednesday Service at 7:00pm,

2/26 - Worship at 10:30am,  
Education Hour at 9:00am, First Sunday in Lent

## Pastor's Schedule:

Sunday: Worship

Monday - Thursday: In the office and responding to email

Friday - Saturday: Weekend

## Weekly Activities

Sunday: Iglesia meets 3:00-5:00 pm

Wednesday: Women's Association meets  
Third Wednesday (Sep-May) at 10 am

Session, third Tuesday at 5:30 pm

Iglesia meets 7-9 pm

Wednesday: Choir 5:45-6:45 pm

Every Thursday: Iglesia meets 7-9 pm

Every Friday – Valmont Victors 8-10 pm



## 10-MINUTE OATMEAL BANANA PANCAKES From Homemade Mastery



### INGREDIENTS

- ♦ 2 bananas
- ♦ 1 tsp baking powder
- \* 1 cup oats
- \* 1 tsp vanilla or cinnamon (optional)
- \* 2 eggs
- \* 2 tbsp yogurt, heaping tbsp
- \* 1 tsp butter or coconut oil

### INSTRUCTIONS

1. Use your food processor, blender or hand blender and a bowl to prepare the batter. Simply blend everything together until smooth.
2. Heat a large non-stick pan to medium, cover with butter/coconut oil and pour the batter forming small, palm-sized pancakes. Reduce the heat a bit (these burn fast if the temperature is too high!).
3. Once bubbles come up and the edges are done, flip using a large spatula. Cook until golden brown and then transfer to a plate.

Serve immediately like this or top with your favorite toppings - fresh fruit, maple syrup, peanut butter or honey and butter.

## Pasta with Prosciutto (4-6 people) from Eric kitchen

- ♦ 1 lb. pasta of your choice
- ♦ 1/2 lemon zested
- \* 2 egg yolks
- \* 1/2 orange zested
- \* 1 cup cream
- \* 4 oz. prosciutto
- \* 1/2 cup fresh-grated Parmesan
- \* Salt & pepper

Combine egg yolks, cream, Parmesan, lemon & orange zest, salt, and pepper. After draining the cooked pasta, pour sauce and hot pasta into serving dish and mix. Add and mix prosciutto.



## Delicious Baked Salmon Fillets—from Cindy's kitchen

Take a clean fillet, liberally spread brown sugar on top then sliced onion, then uncooked bacon and lastly fresh slices of lemon. Bake at 350 for at least 30 minutes and longer if the fillet is thick. I usually bake mine till the bacon is nice and crisp.



## Breakfast Balls Recipe —from Stephen's kitchen

### Ingredients

- ♦ 2 Cups rolled oats, uncooked
- ♦ 1 Cup Chocolate Chips (minis are best)
- ♦ 2/3 Cup Honey
- \* 1 1/3 Cups Coconut Flakes
- \* 2 Tbsp Chia seed
- \* 2 tsp Vanilla
- \* 1 Cup Flaxseed, ground
- \* 1 Cup Peanut Butter

### Preparation:

Mix, refrigerate until firm, roll into balls. Balls may be frozen for later. Place on a baking sheet. Freeze for a couple of hours, then store in an airtight container in freezer.

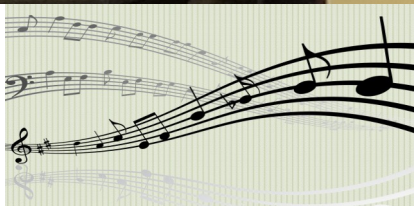
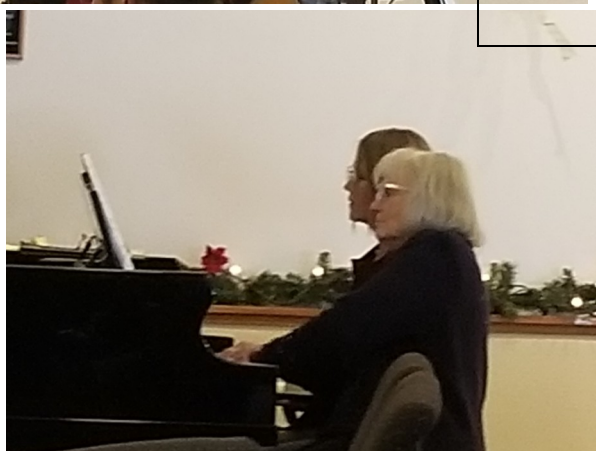






## Music at Valmont! WOW!

Stephen and Randy on the Guitars  
Randy and Linda's singing duet  
Stella and Marilyn's duet on the piano  
Guest flautist Malia Van Rooy  
Guest Accompanists Robert Farr  
The Valmont Bell Ringers  
The Valmont Choir



**A view of the Lake** by Eric



**Little Adeline,  
Juliana and  
grandmother,  
Debbie are  
praying after  
the children's  
sermon.**





*The Kilt of the Year  
Eric donning his father's  
Kilt after some alterations*



## 160 years

### Ready for Valmont's 160<sup>th</sup> Celebration

As we get ready to invite friends, family and neighbors to our 160th year of worshiping God at Valmont, we are looking to improve and spruce up the building and surrounding area. Here is a list of "things to do" around the church. If you would like to start on any of these projects, please see Don, Doug or Mike.

#### Valmont Project List for 2023:

- \* Sweep cobwebs from outside church
- \* New cabinets in mailbox area 2- 4'x2'x4'
- \* Baseboard and radiator painting in Sanctuary
- \* Planting boxes or pots for the front porch and side yard
- \* Paint ceiling vents in kitchen
- \* Replace vent diffuser caps in Fellowship hall 6-2'sq
- \* Refinish interior doors.
- \* Landscape small area outside kitchen door & gardening.
- \* Wall repair and replace doors stops in sanctuary
- \* Paint walls in mailbox area
- \* Nursery – replace radiator housing
- \* Repair front stonework
- \* Window screens-repair and replace
- \* Paint soffit and outside window sills
- \* Hang patio bell

If you know of other improvement that needs to be addressed, please let me know.

Mike G



## Deacons' Round Pantry Basket



The Deacons have been meeting regularly and are looking forward to a year of service in 2023. We have made some small changes. For instance, the name of the basket in the back of the sanctuary is now designated 'The Round Pantry Basket' to more accurately reflect where the donated food items actually go.

We have also renamed our ministry, 'Beyond Our Borders' or BOB. Within the scope of that ministry are four main opportunities for the congregation to give to the greater community. If you would like to contribute, please write the name of the specific organization on the memo line of your check. Though you will be hearing more about each organization as the year progresses, here is a brief overview:

The first quarter of the year, we will be collecting money for BOULDER CRU ; it is a campus ministry at CU where questioning students can learn about Christ and students who are already Christians can grow in the Lord.

The second and third quarters, we will continue to offer opportunities to support KYAK and Crossroads School.

The fourth quarter will be devoted to collecting funds for mailing shoeboxes for Operation Christmas Child. In December, we will again be collecting gifts for the young people at TGTHR.

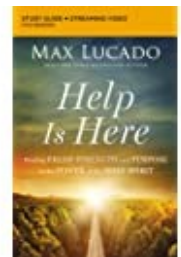
In addition, we will continue to collect cookies from the congregation once a month for TGTHR. The Card Ministry will be available every four-six weeks for people to sign cards of encouragement.

Finally, we extend a huge 'thank you' to everyone who has contributed to these organizations and activities in 2022 and look forward to partnering with the congregation as we move into this blessed New Year.

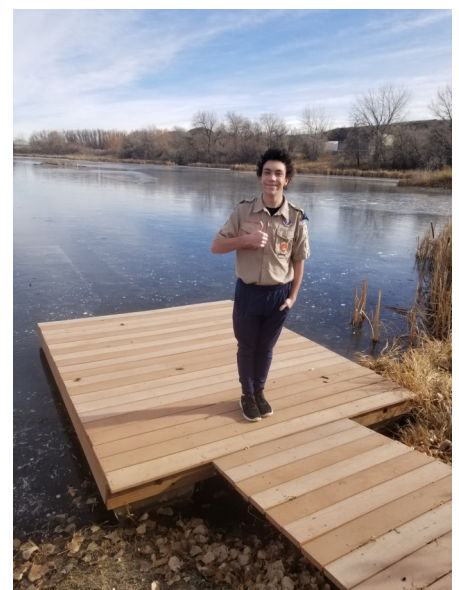
Submitted by Claudette Moloney-Walpole

## Women's Association

All ladies are invited to Women's Association when we will watch the 2nd session of Help Is Here by Max Lucado at 10a January 18. Please talk to Ruth T. if you're interested in getting a copy of the book which accompanies the video. Our meeting will end with a potluck; you're welcome to join us even if you can't bring something to share.



Loading day for the shoeboxes. Wow, over 300 boxes. Thanks to all the volunteers and the donations!



Carl Travis's Boy Scout Eagle project is finished. The new dock looks great! Thanks, Carl



## Ray Rising – Ham Radio Operator, Repair, operations, new radio stations. Wycliff JAARS



Romans 10:14 – How shall they call on Him in whom they have not believed? And how shall they believe in Him of whom they have not heard? And how shall they hear without a preacher? And how shall they preach unless they are sent?

Ray Rising was a young man who after high school gave his life to Christ at a Billy Graham meeting. He had taken an electronic course. He heard that Wycliff had a group who used Ham Radio in their work. They suggested he spend a year at bible school before checking again. He attended the Oak Hills Bible Institute where he met his wife, Doris. They applied to the Summer Institute in Linguistics and were accepted in 1965. After six weeks they went to 3 months of special training at the Jungle Aviation and Radio service and then three months of jungle training in Mexico.

For the next 10 years Ray and Doris worked at the SIL facility in Loma Linda, Columbia. He was involved in many interesting experiences with the Columbian people. Things seemed to be going fairly well even though the country was involved in civil difficulties.



After a furlough in the states, in 1983 they returned to the Loma Linda SIL facility for work among the local Columbian people.

On March 31, 1994 after breakfast with Doris he went to the local village of Puerto Lleras to interact with the people. He enjoyed giving the children rides on his motor bike. When he got back to the compound three Columbi-ans with guns drawn started him on his 810 days in captivity in the jungle of Columbia.

During his captivity by the guerrilla faction he was treated as well as could be expected in a jungle. The captors were part of an insurgent army of a small group. This group had the task of keeping him safe and fed while they tried to extort money from anyone who cared, including SIL and family.

During his captivity he had many opportunities to share Christ's love to them. They were always fearful of being ambushed by the government troops. Always moving around making and breaking camps.

This story reminds me of Paul's time in the Roman prison and his ability to share Christ with his jailers.

Because of the guerrilla's fear of intelligence getting to the military, the story of his release is interesting in itself.

So where is Ray today. I got a message the other day he is back in Columbia setting up yet another radio station to share the Lord's message with the Columbia people in their own language.

I encourage you to read this book about his 810 days; [Guerrilla Hostage: 810 Days in Captivity by Denise Marie Siino](https://www.goodreads.com/book/show/111111111-Guerrilla-Hostage-810-Days-in-Captivity-by-Denise-Marie-Siino) ([goodreads.com](https://www.goodreads.com)).





## Eric's Preaching Schedule



Date	Scripture	Sermon Title	Series	Church Calendar
Jan 1		Bruce McQueen	Guest Preacher	
Jan 8	Matthew 2:1-12	Star of Wonder, Star of Fright		Epiphany Sunday
Jan 15	Genesis 1:1—2:3	Formless and Void	Primordial Theology	Communion
Jan 22	Genesis 3:1—24	I Did it My Way	Primordial Theology	
Jan 29		Fifth Sunday of Service		
Feb 5	Genesis 4:1—26	Abhorrent Questions	Primordial Theology	
Feb 12	Genesis 9:1—17	Covenant Making	Primordial Theology	
Feb 19			Guest Preacher	Transfiguration Sunday, Communion
Feb 28	Ecclesiastes 9:1-12	Atheism-Life Agnosticism	Learning from Atheists	First Sunday in Lent



### Adult Education

Throughout the month of January, the adult education class will continue with our incremental study of church history, as we both watch and discuss the video series *Christian History Made Easy*.

Most likely at the start of February, we will enter into a study of Alice Fryling's *The Art of Spiritual Listening: Responding to God's Voice Amid the Noise of Life*.



A full moon reflecting on the Lake

### New Member Inquirers' Class

If you're interested in becoming a member of Valmont (or simply would like to learn about what that means), please contact Eric about an Inquirers' Class that he will be leading in the first months of 2023

### It's your Vintage

Anyone who would like to contribute articles, pictures, recipes or anecdotes, please submit by the 20th prior to publication month to **Mike Greever** via email at [mgreever53@gmail.com](mailto:mgreever53@gmail.com) or give to **Ella** in the office.

**Publication Months: Jan, Mar, June (Summer), Sept, Nov.**