

"Our purpose is to love God, care for others, and be Christ's witness to the world"

July/Aug 2014

Valmont VINTAGE

CELEBRATING *150 years* OF GOD'S FAITHFULNESS!

Valmont Community Presbyterian Church



Pastor Eric

There is something particularly exciting about first meetings. So much is left undetermined -- budding with promise and possibility. There is potential without the expectation and disappointment that can only come from having history with another. This all is freeing in its newness. I for one am excited by all of this. We have been given the incredible gift of joining the stories of our lives with God with one another.

And there is also a great gift in the grace that is extended in knowing one another well. To know and to love is essential to the nature of God, and to the church united in the Son's name. I look forward to the history that will be made between us as we come to know the Lord and one another better through our shared mission to the world. This too will hold its own brand of

excitement.

I know that I am fortunate to be invited to be a part of the family here at Valmont. I know that we share in Jesus the Messiah as the foundation for this family, and the whole family that is the Church Universal. We are the new creation of God, working for the Kingdom of God in this world through the name of Jesus and the power of the Spirit, for the glory of the Father. How could I not be excited about such an opportunity? How could I resist the joy of this new beginning? How could I not look forward to our deepening relationship with one another that will proclaim the good news of God's love for the world?

And here we begin: the meeting of two stories, yours and mine, which will flow together into one -- the story of God's redemptive love for the world. I do not know what the Lord has in store for us, but we can be confident that we will be asked to light, love, and life for a world filled with darkness, despair, and death. We can be confident that we will be asked to take up our cross for the sake of following after the King. We can be confident that we will be invited to continue the work of Jesus for our world, today.

And so like all great stories, this new beginning presumes a history long before our story together begins and a promise long after it ends. We rest well within the story of God's sacrificial love for the world, so let us play

our part. As we go forward from this point, let us do exactly what you have been in the habit of doing -- let us be a people of love and grace who have been transformed by the power of the gospel. Let us lay aside our preferences and demands, submitting ourselves to the will of God for the Boulder area today. God is at work, so let us partner with God. Jesus is the true King of the world, so let us partner with God. The Holy Spirit is empowering us to do the work of God, so let us partner with God.

I look forward to our joint partnership with God. Let us praise the Lord together.

For the love of Christ,

Eric

Ask a friend to join
you.

You Have A Friend At Valmont!

**No Sunday School
Worship Service: 9:30**

3262 N. 61st Street,
Boulder
(61st Street & Valmont Road)

303-442-2135
www.ValmontChurch.org

Elders:*Shirley Crowe**Don Lewis**Rex Craig**Ella Travis***Clerk of Session:***Joyce Glazer***Deacons:***Judy Holmes**Anne Harris-Cross**Cindy Sexton***Treasurer:***Ruth Lewis***Church Administrator:** *Ella Travis***Choir/Worship Leader:** *TBD***Accompanist:***Denise Pelusch*

Welcome
Eric Garner as our
new pastor to
our beloved
church!

**Deacons' July Caring Basket**

Your deacons will be collecting school supplies for children in the area who are not able to buy the many supplies children are expected to bring in the Fall.

We'll have announcements in church, with more information about items we'd love you to bring.

Judy

**Weekly Activities**

Every Sunday: Iglesia meets 3:00-5:00 pm

Every Tuesday: Women's Association meets
Second Tuesday at 10 am

Art group meets 4th Tuesday at 9:30 am

Iglesia meets 7-9 pm

Choir practice at 7 pm

Every Wednesday:

Yoga Class 9 am

Tremble Clef Choir 11 am

Session, third Wednesday at 5:30 pm

Every Thursday: Iglesia meets 7-9 pm

Parkinson's yoga group 11:30-2:pm

Every Friday – Valmont Victors 8-10 pm



Blueberry Super Muffins from the Kitchen of Anne Harris-Cross

Servings: Makes 12 muffins

Ingredients:

- ♦ Nonstick cooking spray
- ♦ 1 c. ground flax seed
- ♦ 1 c. almond meal
- ♦ 2 c. granulated sweetener (recommended: Stevia in the Raw)
- ♦ 2 t. baking powder
- ♦ 2 t. vanilla extract
- ♦ 6 eggs
- * $\frac{2}{3}$ c. hemp hearts
- * $\frac{1}{4}$ c. chia seeds
- * Pinch salt
- * $\frac{1}{8}$ - $\frac{1}{4}$ t. nutmeg
- * $\frac{3}{4}$ c. ricotta cheese
- * 1 c. blueberries, fresh or frozen

Streusel topping (optional):

- ♦ 2 T. granulated sweetener (xylitol, erythritol, Truvia recommended for this, but stevia is fine)
- ♦ $\frac{1}{4}$ c. almond meal
- * $1\frac{1}{2}$ T. butter
- * Zest of $\frac{1}{2}$ lemon

Special Equipment: 12 cup muffin tin or silicone muffin cups are very helpful (if using silicone cups, coking spray is not necessary).

Directions:

Place oven rack in the center position and preheat to 350°F. Spray muffin tin or cups. In a large bowl, combine ingredients. Whisk in eggs, ricotta and vanilla extract until completely mixed. Fold blueberries into the batter.

In small bowl, combine butter, sweetener, lemon zest and almond meal.

Spoon batter into muffin cups. Top with streusel mixture.

Bake 20 min. Cool thoroughly.



Chocolate Chip Super Muffins from the Kitchen of Anne Harris-Cross

Makes 12 muffins

Ingredients:

- ♦ Nonstick cooking spray
- ♦ 1 c. ground flax seed
- ♦ 1 c. almond meal
- ♦ 2 c. granulated sweetener (Stevia in the Raw)
- ♦ 2 t. vanilla extract
- ♦ 6 eggs
- * $\frac{2}{3}$ c. hemp hearts
- * $\frac{1}{3}$ c. chia seeds
- * Pinch salt
- * 2 t. baking powder
- * $1\frac{1}{2}$ c. shredded zucchini
- * $1\frac{1}{2}$ recipe George Stella chocolate chips or ~2.5 oz lower sugar dark chocolate bar, chopped.

Directions:

Need a 12 cup muffin tin or silicone muffin cups. Place oven rack in the center position and preheat to 350°F. Spray muffin tin or cups. In a large bowl, combine ingredients. Whisk in eggs, zucchini and vanilla extract, until completely mixed. Fold chopped chocolate and chopped pecans into the batter. Spoon into muffin cups.

Bake 20 min. Cool thoroughly.

George's Chocolate chips:

- ♦ 1 oz. unsweetened chocolate, chopped
- ♦ 2 T. heavy cream, butter or coconut oil
- * $\frac{1}{2}$ c. granulated sweetener
- * $\frac{1}{2}$ t. water

Melt the chocolate in double boiler or microwave and stir in the sweetener.

Thin with butter, etc and a bit of water. Stir well. Spread on a plate covered with wax paper. Freeze at least 15 min. Chop.



Women's Mini Retreat

The women of Valmont Church shared a wonderful day at Joy Keeter's home, under the teaching of Marlene Brining, on Saturday, June 21st. What a great time! We learned that we likely have pesky, irritating mosquitoes as well as rather large overwhelming elephants(!) in our lives. In response to pain and challenges, Marlene shared from Mark Batterson's writing that "Prayer is the difference between the best I can do, and what God will do." She gave us six insights into making prayer effective from Mark Batterson, and encouraged us to pray with shameless audacity, and to commit to God's moving, by risking getting our feet wet. Marlene also talked about opening our souls to God's presence, particularly sharing insights from Max Lucado's *You'll Get Through This*. Marlene encouraged us to cling to the character of God, to pray our pain out to Him, and to draw closer to God through the church: be a barnacle on the boat of God's church. Since God listens to our hearts even more than our words, she encouraged us to talk less to God about our elephants and mosquitoes, and more to those elephants and mosquitoes about our God. :-)



A highlight of the day was the sharing, when we heard from the ladies present about something they feel passionate about, or learned something new about who they are. The food was pretty terrific too, and God kindly gave us shade so we could enjoy lunch sitting outside on Joy's patio. Huge thank you's to Joy and to Marlene for a lovely day!

Judy

Pray for People Servicing in the Military:

Adam Glazier - Son of Adam & Joyce Glazier

Ashley Glazier - Daughter of Adam & Joyce Glazier

Mindy Craig - Daughter of Rex & Cheryl Craig



What happens when wrong detergent is used in dishwasher.



Mission Forum

The Women's Association is excited to be planning a Mission Forum, on Saturday September 27th, from 10 AM until 2 PM, at Valmont Church. Invitations have gone out to eight people in the Boulder-Denver area who are involved with mission/ministry. This is a wonderful opportunity to hear about, and connect with, a ministry that touches your heart. Each speaker (hopefully 6 of them) will share about their mission work for about 20 minutes, then there will be time to ask questions of that speaker for about 10 minutes. We'll have breaks in there, and a light luncheon, so you will be able to get to know our guests better, and get excited about a way you (or we as a church) might wish to participate in God's work in the Boulder-Denver area. We do plan to invite everyone from our church (men and women), people from other churches in town, and from our community, to participate in the forum with us.



Please be thinking of friends you'd like to invite. We'll have brochures to share with others.



Judy

Fall Retreat

All the women of the church are invited to our Fall Retreat, September 12th – 14th, at Highlands Camp. This time is a highlight of the year for so many of us. We're still working what the program and cost will be, and we'll let you know about both as soon as we know. But the retreat will be a great opportunity for all of us barnacles (see previous article about mini retreat!) to share our hearts and be encouraged by one another.

We plan another Soup and Dessert luncheon after church, later in August. Proceeds (freewill offering) will help us lower the cost of the retreat. So please be thinking of your favorite recipe to share with us.—Judy

HIGHLANDS HIGHLIGHTS

**Highlands – A Sanctuary for the Spirit, a
School for the Mind,**

a Joy for the Heart and a Shelter in the Storm.



Highlands has been very blessed this spring. A generous donor offered Highlands a matching grant. If we raised \$100,000 by June 30th, the donor would match it. As of now, we are within \$3,960 of that amount. Every day donations are received, so we are confident that the remaining amount

will be raised. We are very grateful for all the donors who support Highlands.

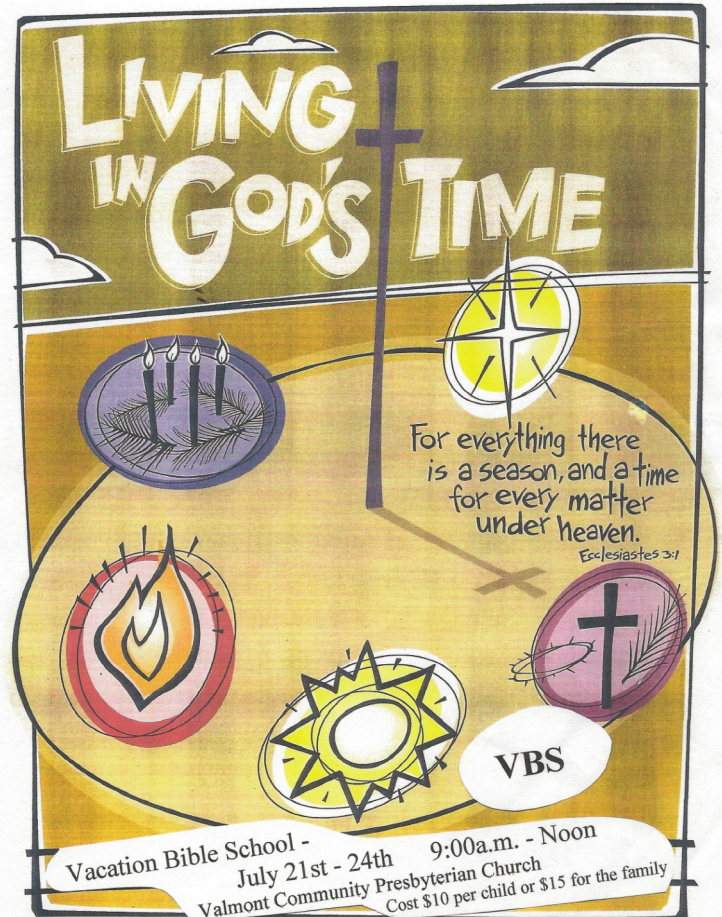
Highlands also received a \$5,000 grant from Faith Lutheran Church in Longmont to be used for the partnership Day Camps. There are 14 partnership day camps scheduled including one at Valmont July 21 – 25. The day camp will be Monday through Thursday from 9:00 to 12:00. The cost is \$10 per child or \$15 per family. Please let your friends know that this will be happening. This will be the second year to host a day camp. Last year was very successful. You may contact me with any questions.

Summer staff has arrived and they are finishing training and ready for campers. .

I hope you will keep the Highlands ministry in your prayers.

Blessings!!

Ruth Lewis Modera-
tor, Highlands Camp
Committee



Call: Deb/303-665-4564 for more info.

Vacation Bible School

July 21st through the 24th from 9 am to Noon

Call Debbie Greever from more information



PDA Mission—Colorado Flood Recovery 2014



Dr. Joe's House was split in two by the flood - We installed the subfloor on the Western half on Tuesday and Wednesday.



Pam's Geometric Home was one of the projects on Tuesday. Square walls were built in a round house.



The whole PDA group celebrating a successful week at Bogey on Friday.





A home in Frederick was painted and doors were installed.



We worked at AAA Electric all week. AAA has worked with Habitat in the past wiring 24 homes.



The Short List of Valmont's Missions:

- ♦ Bags of Grace
- ♦ PDA work week
- ♦ CYAC - Alaskan Village
- ♦ Card Ministries
- ♦ Adopt a church: San Luis
- ♦ Adopt a family
- ♦ Bags for migrant workers
- ♦ PDA hosting
- * The James Project
- * Wycliffe Bible, Missionaries: Stu and Edith Nelson
- * Wycliffe Bible, Missionaries: Stephen and Dottyanne Bird
- * Valmont Church Lake Ministries
- * Sponsored community events: Pig Roast
- * Rides to church program.
- * Learning Center garden



Our Time Together ...

I would like to express my sincere appreciation for the support and friendship I received during the last 4 1/2 months at Valmont Presbyterian Church. It was a true delight to worship with you and to dig into God's Word together. Thank you for the countless stories, laughs, and discussions that we shared. You have each blessed me in a special way, and I will deeply miss seeing you each week. I am praying for all of you and for Eric, as you transition into this new season. I am excited about what the Lord has in store for Valmont. As we are reminded each week, "Let us hold unswervingly to the hope we profess, for he who promised is faithful." Hebrews 10:23 In Christ, Jenn

An open letter and welcome to Valmont Dear Pastor Eric,

We had hoped to meet you before now, but probably won't be able to do that until September.

We are members of Valmont, but live in WA state, where we work with Wycliffe.

The Lord led us to Valmont in 2001 when we were in transition between assignments. It was warm, welcoming, and just what we needed—a church family that we have treasured ever since. We come back whenever possible!

We pray regularly for Valmont, and that now includes you as Pastor. The Lord bless you wonderfully as you give new leadership to the church, and the Lord bless the church through you in new ways.

Looking forward to meeting you.,
Stu & Edith Nelson



It's your Vintage

Anyone who would like to contribute articles, pictures, recipes or anecdotes, please submit by the 20th prior to publication month to **Mike Greever** via email at mgreever@rmprohomes.com or give to **Ella in the office**
Publication Months: Jan, Mar, May, Jul, Sep, Nov.