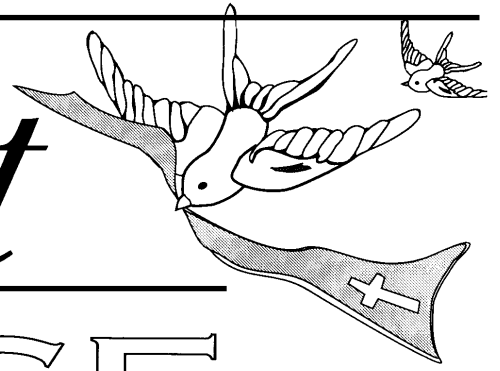


Valmont VINTAGE



May/June 2010

Valmont Community Presbyterian Church

A Bird's-Eye View ...

March and April is mission season at Valmont Church. Twenty percent of our church was out of town on mission work trips during that time! That is a delightfully surprising number. It is surprising in the sense that one would not expect a church to send such a large proportion of its worshipers as missionaries.

There is another number that may surprise you. These two teams car-

ried with them over \$2300 donated by Valmonters for construction materials! That is as if every worshiper on a typical Sunday gave \$46 – above their regular offering. As you will see on May 16th at the mission potluck, that literally put walls and floors in a home.

These numbers, however, are not surprising to me - when I consider the source of the missionary effort. Over the past several years Valmont has come to realize the blessing of mission. As a first-timer on this year's team to Louisiana wrote, "After a week of recovery time I'm beginning to understand and appreciate who really benefited from our time together. Although I was saddened to see the extent of devastation and hardship in Houma and surrounding areas, to see the rebirth of a home and uplifted spirit of its future families, I came away renewed in body and spirit."

To bless is to be blessed – not in the sense that we are earning merit or assuaging guilt, but that we are able to celebrate the good fortune of others and to bask in

their joy. To be blessed is to realize that "in the image of God" includes Miss Magdalena and Miss Alice. To be blessed is to experience the unity of the Body of Christ, as Presbyterian and Methodist and Baptist together serve Christ by serving "the least of these." To be blessed is to end the day tired and sore, and be able to say, "God, that feels good!" Amen.

*in Christ's service,
The Rev*

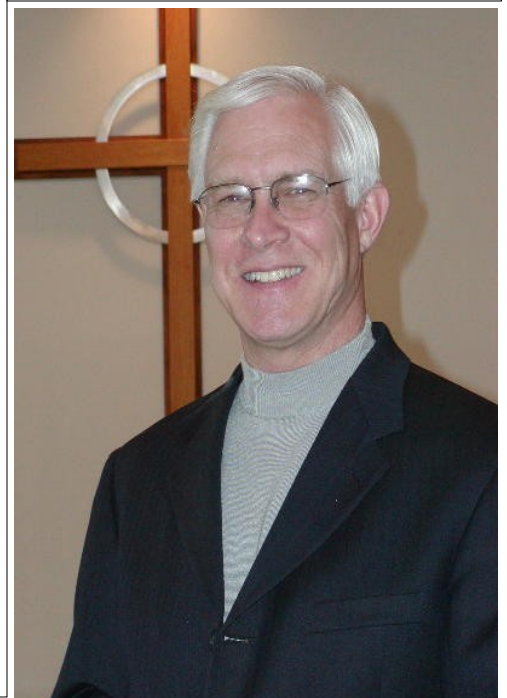
Ask a friend to join you.

You Have A Friend At Valmont!

Sunday School: 9:00
Worship Service: 10:30

3262 N. 61st Street, Boulder
(61st Street & Valmont Road)

Pastor: Rev. Stephen Bird
303-442-2135
www.ValmontChurch.org



Bulletin Board



May

is a **DOUBLE** potluck month!

Mark your calendar

May 2 is the joint Pot-Luck after worship with the Iglisia Church

May 16 is the Pot-Luck & Mission Trips Report



Activities



Every Sunday – Iglesia meets 3:00-5:00pm

Every Tuesday: Work with Don—call for times

Every Tuesday—Choir meets 7:00

Every Thursday – Iglesia meets 7:00-9:00pm

Every Friday – AA meets 8:00-10:00pm

Apr 25, May 2, 9, 16, 23: Jeremiah study; 5:50pm

May 2: Joint Pot-Luck after worship with the Iglisia Church

May 11-13: Wee Kirk Conf., Glorieta, NM

May 15: Presbytery Meeting, Ft Morgan

May 16: Pot-Luck & Mission Trips Report



Elders:

Cheryl Craig

David Hustvedt

Chris Brickley

Joyce Glazier

Clerk of Session:

Anne Harris-Cross

Deacons:

Stella May Montgomery

Ruth Tisdale

Dottyanne Bird

Missions—What is in Your Future

PDA – Helping One Family at a Time

There is a story about a boy and a beach littered with starfish. The boy is throwing starfish back into the ocean. When a man approaches him and says that it is hopeless, there are just too many, the boy replies, “Tell that to this one” as he throws it back into the sea. That’s how it feels at times down in Louisiana. The areas which have been damaged have a good number of houses which need assistance (and those are just what you can see from the street). Looking around you wonder what can our little team do. What we can do is to help one family at a time.

One evening our team visited the McCoys whose house we worked on last year, and we were able to see what small teams can do. When our team worked on the house, we wondered how it would ever be finished. Never in our wildest dreams were we able to imagine that the house would look so wonderful! It took two months from the time our team was there for other teams to finish the house so that the McCoys could move back in. Joanne McCoy proudly showed me the bargains she had found on cabinets and the cooktop hood. Most importantly was how happy the McCoys are back in their own home. They had been living with family and were pleased to be back in their own space.

Driving around the area, we saw other homes in need of help. But we realized that we can make a difference one family at a time. This year we helped Miss Magdalena and her daughter-in-law, Miss Alice. Now we wonder what Miss Magdalena’s house will look like when it is done. We know that our team is just one part of the solution for Miss Magdalena and her family.

Valmont’s PDA teams will be hosting a potluck in the next month or so. Come hear much more about Miss Magdalena and her amazing house! - Cheryl



Pig Roasts and Potlucks

Spinach Salad with Goat Cheese and Walnuts

Ingredients:

- | | | |
|-----------|--|--|
| Dressing: | * 1 tablespoon red wine vinegar | * 1 tablespoon minced shallot or red onion |
| | * 2 teaspoons Dijon mustard | * 1/4 teaspoon kosher salt |
| | * Freshly ground black pepper | * 3 tablespoons quality walnut oil |
| Salad: | * 8 cups baby spinach leaves, stems trimmed, washed, and dried | |
| | * 1/2 cup whole or chopped toasted walnuts | |
| | * 1/3 cup crumbled goat cheese | |

Directions:

In a small bowl, combine the vinegar, shallot, mustard, salt, and pepper. Gradually whisk in the oil to make a creamy dressing. Put all but a large handful of the spinach in a large bowl. Toss with most of the dressing. Add remaining spinach and continue tossing until well coated.

Serve immediately topped with goat cheese and walnuts..



HOUMA MISSION FIELD 2010



HOME AWAY FROM HOME

Cheryl painting trim boards—check out the house in the back ground.



Allen framing a window—Allen is representing the state of Nebraska on our team.



"The Rev presents Miss Alice with \$500 worth of Lowes gift cards that were left over at the end of the week. In all, Valmonters contributed over \$2300 in gift cards. used in Louisiana and Texas hurricane relief."



Mike installing a window



Phil installing subfloor



This amazing feat took the whole team! "To find what this was all about be sure to attend the pot-luck and slide show on May 16th, following worship."



Mandy & Ashley installing subfloor.



Before

<===

And

After

===>



A Group Effort! "Damage to the back of the house was extensive. What siding remained was removed and studs were replaced, before plywood, insulation, windows and doors were added."



Trevor and "The Romanator" installing sheeting



Stephen preparing the floor for a Wall.

"The Valmont team, along with Alice and Veronica, gather for a photo with homeowner Miss Magdalena."



The McCoy Home

This was the Mission in March of 2009 to work on the McCoy house!



The McCoy house transformed into a beautiful home ...



DEACONS' NEWS BOX

Deacons news.....

Your Deacons for 2010 are Stella May, Ruth Tisdale and Dottyanne. Please help us do our job! We're waiting to hear from YOU

Caring Basket:

May - Casa Esperanza - art and school supplies for their summer program.

June - Mother House - layette items



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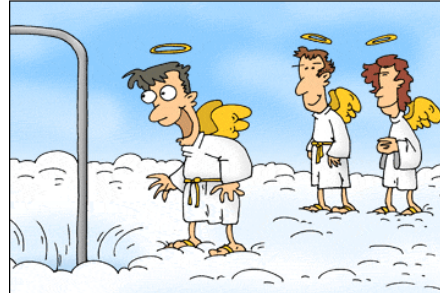


(See Genesis 6-8)

04-05-2010

NOAH PREPARES FOR ANOTHER HUGE DAY

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03-15-2010

I JUST KNEW YOU WOULD HAVE FIREMAN POLES UP HERE

Why do we love children?

A Ride in a Police Car

It was the end of the day when I parked my police van in front of the station. As I gathered my equipment, my K-9 partner, Jake, was barking, and I saw a little boy staring in at me. 'Is that a dog you got back there?' he asked.

'It sure is,' I replied.

Puzzled, the boy looked at me and then towards the back of the van. Finally he said, 'What'd he do?'

Shut-in Visit

While working for an organization that delivers lunches to elderly shut-ins, I used to take my 4-year-old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, 'The tooth fairy will never believe this!'



Dress-Up

A little girl was watching her parents dress for a party. When she saw her dad donning his tuxedo, she warned,

'Daddy, you shouldn't wear that suit.'

'And why not, darling?'

'You know that it always gives you a headache the next morning.'



CHOIR COLLABORATION CONCERT



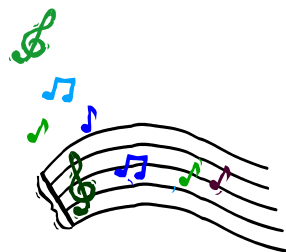
April 17th and 18th, Valmont choir participated in its first ever choir collaboration! Along with the choirs from First United Methodist Church in Lafayette and Risen Savior Lutheran Church in Broomfield, Valmont prepared, rehearsed and performed a concert featuring each choir individually as well as combined. In addition to rehearsing with these groups, Valmont choir took part in a clinic held by Dr. Bonnie Draina on body mapping, awareness and expression. The research behind body mapping states that if a person perceives their body in a certain way, their body will behave as if it is so. An example we learned from the clinic was that if a person believes that their jaw joints are located behind their ears, their brain will tell their jaw to open from there. Of course, the jaw doesn't actually have a joint behind the ears and this will produce an effortful and potentially damaging movement. A website that offers resources about body mapping, BodyMap.org states, "Body mapping is the conscious correcting and refining of one's body map to produce efficient, graceful, coordinated, effective movement."

The concert on April 18th was held at Valmont church and featured a 50-member choir, three directors, three pianists and a string quartet! It was an evening of truly beautiful music that was focused on telling the message of Easter. There was a broad range of selections performed including Mozart's "Ave Verum Corpus" and a unique arrangement of "The Old Rugged Cross." From the concert, we raised \$390.00 for Hospice Care of Broomfield and Boulder counties. The event offered a chance for choir members to broaden their fellowship and outreach and to learn from working with other conductors. We hope to hold another event like this one in the new future! Thank you to all who helped with, participated in and attended this event! It was a big success because of you!

- Nicole



Practice and Master Class at First United Methodist Church in Lafayette on Saturday.



Concert at Valmont Church in Boulder on Sunday.





Funnies from Gene Sawhill -

The graveside service for the farmer's wife had just barely finished when there was a massive clap of thunder, followed by a tremendous bolt of lightning, accompanied by even more thunder rumbling in the distance. The old farmer looked at the pastor and calmly said, "well, she's there."

"Anyone with needs to be prayer over, come forward, to the altar," the Preacher says.

Leroy gets in line, and when it's his turn, the Preacher asks: "Leroy, what do you want me to pray about for you?"

Leroy replies, "Preacher, I need you to pray for my hearing."

The preacher puts one finger in Leroy's ear, places his other hand on Leroy's head and prays a blue streak for him.

After a few minutes, the preacher stands back and asks, "How's you hearing now?"

Leroy says, "I don't know, Reverend, it ain't til next Wednesday!"

Five year old boy noticed his mother had gone out. His dad said, "Mommy is at a Tupperware party."

The boy asked what a Tupperware party was. His dad explained it was a party where ladies sit around and sell plastic bowls to each other. The boy understood and then burst into laughter. "Come on, Dad," he said, "What is it really?"

"Give a man a fish and he has food for the day; teach him how to fish and you can get rid of him for the entire weekend."

Quotes from Gene Sawhill



"A man cannot be comfortable without his own approval." Mark Twain

"It is impossible to defeat an ignorant man in an argument." William Gibbs McAdoo

"They said it couldn't be done, but sometimes it doesn't work out that way." Casey Stengel

"This is a strange country we live in. When it comes to electing a president, we get two choices. But when we have to select a Miss America, we get 50." Jay Leno

"Outside of a day, a book is man's best friend; inside of a day, it's too dark to read." Groucho Marx

"Cats are smarter than dogs. You can't get eight cats to pull a sled through snow." Jeff Valdez

"I always wanted to be the last guy on earth, just to see if all those women were lying to me." Ronnie Shakes



"Women don't want to hear what you think. Women want to hear what they think but in a deeper voice." Bill Cosby

"The quickest way to a man's heart is through his chest." Rosanne Barr

"A bank is a place that will lend you money, if you can prove you don't need it." Bob Hope

"I don't consider myself bald. I'm simply taller than my hair." Thom Sharp.

It's your Vintage

Anyone who would like to contribute articles, picture, recipes or anecdotes, please submitted by the 20th prior to publication month to **Mike Greever** via email at mgreever@prestigerealtygroup.com or give to **Ella in the office**
Publication Months: Jan, Mar, May, Jul, Sep, Nov.