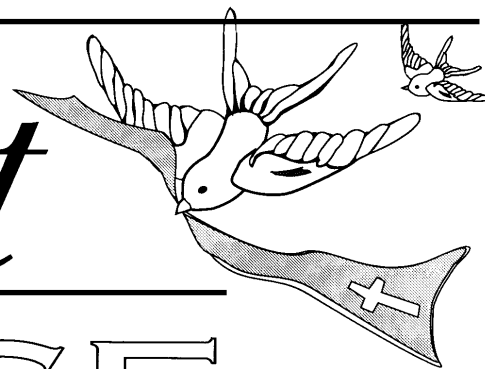


Valmont VINTAGE



Nov/Dec 2009

Valmont Community PRESBYTERIAN CHURCH



Merry Christmas to all...



A Bird's-Eye View ...

It's never too early to think about shopping for Christmas presents. And I have a Christmas present idea that is just about the perfect gift – it will support the arts, foster science in the community and promote the work of Christ's kingdom. Not only that, there are no calories, no assembly required and no small pieces to choke on. Interested? Read on...

On Thursday, December 17, soprano Anne-Carolyn Bird will be featured in a concert to benefit our Valmont Amateur Astronomy Group. Anne-Carolyn is a Grammy Award winning artist who has sung with the Metropolitan Opera and the Santa Fe Opera, along with international appearances in London and Lisbon. She will be accompanied on piano by University of Colorado professor Christopher Zemliuskas. Joining them will be baritone Matthew Burns.

Contact the Rev or any "VAAG-ner" for ticket information. If you are actually giving this as a gift, why not accompany your guest and make a generous donation to VAAG in their



name. (This is a benefit concert after all.)

In case the recipient of your Christmas gift asks, here is what the VAAG is about: "The purpose of the Valmont Amateur Astronomy Group is to provide a safe forum to explore the intersections of Creator and creation through astronomy." The VAAG uses a research quality telescope to introduce beginners to astronomy and provide advanced amateurs the chance to do technical

observing.

For more information go to "www.bouldervaag.org" or look for VAAG on FaceBook.

*in Christ's service,
The Rev*

P. S. The recital will be held in the chapel at First Presbyterian Church, Boulder, at 7:30 p.m., December 17th.

Ask a friend to join you.

You Have A Friend At Valmont!

Sunday School: 9:00
Worship Service: 10:30

3262 N. 61st Street, Boulder
(61st Street & Valmont Road)

Pastor: Rev. Stephen Bird
303-442-2135
www.ValmontChurch.org

Bulletin Board



*When you get to your wit's end,
You'll find God lives there.*



Activities



Every Sunday – Iglesia meets 3:00-5:00pm

Every Thursday – Iglesia meets 7:00-9:00pm

Every Friday – AA meets 8:00-10:00pm

Every Tuesday—Choir meets 7:00

Men's group on Tuesdays at noon

Bell Choir – Nov 15, 22, 29; Dec 6, 13, 20
meeting each Sunday after coffee

VAAG Board – Nov 16, 23, 30; Dec 7, 14

Decorate the church – Nov 22, Noon

VAAG Benefit Concert – Dec 17, 7:30pm

Christmas Caroling – Dec 19, 4pm

Christmas Choirs Concert – Dec 20, TBA

Candlelight Service – Dec 24, 7pm

Candlelight Communion – Dec 24, 11pm

Elders:

Ken Crowe
Cheryl Craig

Ruth Lewis
Chris Brickey

Clerk of Session:

Stewart Strickler

Deacons:

Debbie Starin
Stella May Montgomery
Ruth Tisdale



*It is easier to preach ten sermons
Than it is to live one.*

Pig Roasts and Potlucks



Low-Carb Swiss Loaf

I adapted this from a recipe that had a whole pile of bread crumbs and cup of milk in it; I simply left them out, and I've never missed them.

Ingredients:

- * 2½ pounds ground beef
- * 2 eggs, beaten
- * 1 green pepper, chopped
- * 1 teaspoon salt or Vege-Sal
- * ½ teaspoon paprika
- * 5 ounces Swiss cheese, diced small or grated
- * 1 medium onion, chopped
- * 1 small rib celery, chopped
- * ½ teaspoon pepper



Instructions: Preheat the oven to 350°F.

With clean hands, combine all the ingredients in a large bowl, until the mixture is well blended.

I made the meat into one large loaf pan or two small ones. Bake a large loaf for 1½ to 1¾ hours.

Bake two small loaves for 1¼ hours.

I turn the loaf out of the pan and onto the broiler rack, and I bake it there so the excess fat runs off—not because I'm afraid of fat, but because I like it better that way. If you like, though, you could bake yours right in the pan, and it would probably be a bit more tender.

Yield: 8 servings, each with 3 grams of carbohydrates and 1 gram of fiber, for a total of 1grams of usable carbs and 30 grams of protein.

Reprinted from *500 Low-Carb Recipes* by Dana Carpenter, © 2002 Fair Winds Press

Pork and Bean Bread

From Stella May 's Kitchen



Boil 1 cup of water, add 1 cup raisins. Set aside.

Put 1 15 oz. Can of pork and beans in mixer and beat until smooth.

Add: 1 ½ cups sugar 1 cup vegetable oil 3 eggs 1 tsp. Vanilla. Mix well.

Sift together: 3 cups flour 1 tsp. Cinnamon ½ tsp. Baking powder

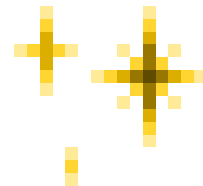
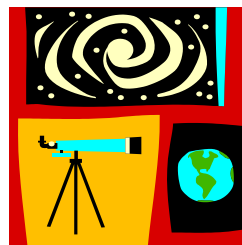
1 tsp. Baking soda

1 cup chopped nuts.

Fold into wet mixture.

Spoon batter into 3 greased and floured loaf pans. Bake at 350 degrees for 50-60 minutes or until a knife inserted in the center comes out clean.

VAAG Bubble or Star ✨



VAAG Board meets the first Monday of each, 7pm

Scott Starin
Chairman of the VAAG

✨ More information about the VAAG may be found at www.BoulderVAAG.org .

Mission of the Valmont Amateur Astronomy Group

The purpose of the Valmont Amateur Astronomy Group is to provide a safe forum to explore the intersections of Creator and creation through astronomy.

VAAG will use astronomy and related sciences to address practical and spiritual needs of the greater community through activities such as classes, seminars or service projects. VAAG members will be encouraged to regularly participate in a small support group where they can grow spiritually through Bible study and prayer with other members. Social service and sharing faith should occur simultaneously and deliberately.



The VAAG Group presents

Sing for Joy O Heavens

It is an exciting time for the VAAG. We're Going to the Opera!

Soprano Anne-Carolyn Bird will be featured in a benefit performance for our astronomy club. Anne-Carolyn who is Stephen's and Dottyanne's daughter, is a Grammy Award winning artist who has sung with the Metropolitan Opera, the Santa Fe Opera, along with international appearances in London and Lisbon. Her husband baritone Matt Burns will share the stage. They will be accompanied by Boulder's Christopher Zemliauskas. The recital will be held Thursday, December 17, at 7:30 p.m. in the chapel at First Presbyterian Church, Boulder. A reception will follow.



We are very blessed to have these talented artists helping us. Please help us promote their work by inviting friends and neighbors. There is no admission charge. A free-will offering will be taken. All proceeds to benefit the Valmont Amateur Astronomy Group, a ministry of our church. Submitted by Ken



Women's retreat 2009

Prayer is essentially the expression of our heart longing for love.

It is not so much the listing of our requests but the breathing of our own deepest request, to be united with God as fully as possible. (Jeffery Imbach, *The Recovery of Love*)

Submitted by Dottyanne

Just a Thought ...

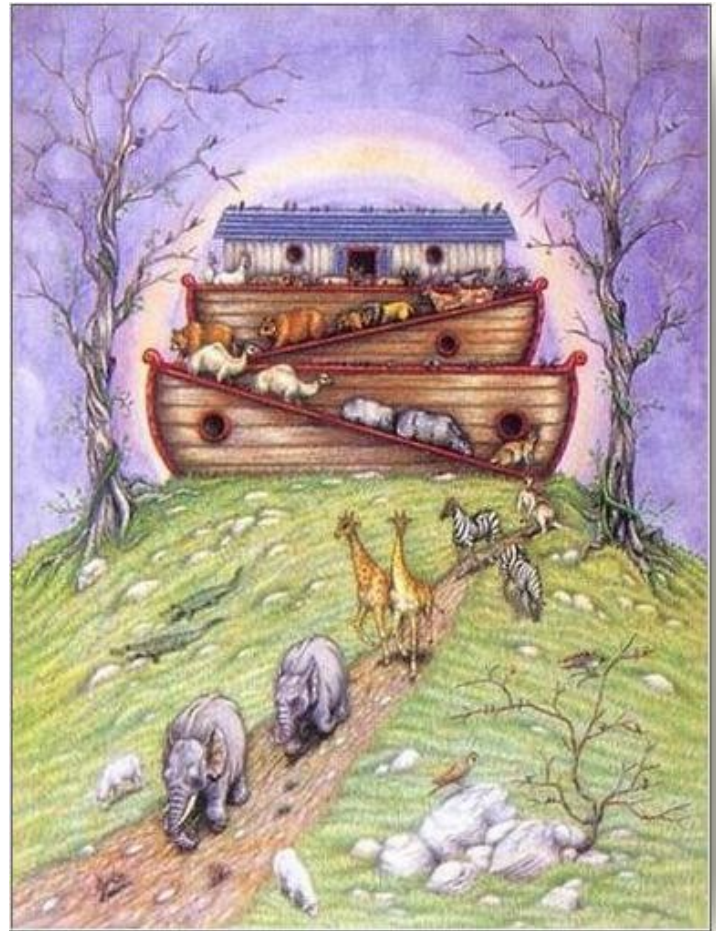
God Himself doesn't propose to judge a man until he is dead. So why should you?

*Some minds are like concrete
Thoroughly mixed up and permanently set.*

Peace starts with a smile.

*I don't know why some people change churches;
What difference does it make which one you stay home from?*

*A lot of church members singing 'Standing on the Promises'
Are just sitting on the premises.*



Noah's Ark Everything I need to know, I learned from Noah's Ark..

ONE: Don't miss the boat.

TWO: Remember that we are all in the same boat.

THREE: Plan ahead. It wasn't raining when Noah built the Ark.

FOUR: Stay fit. When you're 60 years old, someone may ask you to do something really big.

FIVE: Don't listen to critics; just get on with the job that needs to be done.

SIX: Build your future on high ground.

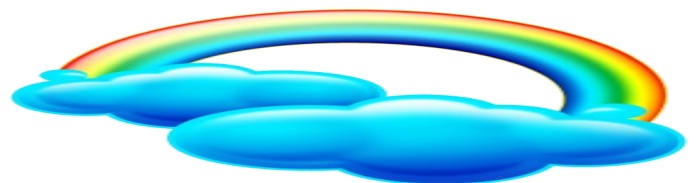
SEVEN: For safety's sake, travel in pairs.

EIGHT: Speed isn't always an advantage. The snails were on board with the cheetahs.

NINE: When you're stressed, float awhile.

TEN: Remember, the Ark was built by amateurs; the Titanic by professionals.

ELEVEN: No matter the storm, when you are with God, there's always a rainbow waiting.



DEACONS' NEWS BOX

Deacons news.....

Caring Basket:

November - Operation Shoe Box, Christmas Gifts for International Children

November/December - Boulder County Adopt-a-Family Program, Christmas Gifts for Local Families

The Deacons in August hosted a BBQ for approximately 12 residents and staff members of Attention Homes. The BBQ was held lakeside behind the church, and everyone enjoyed canoeing and volleyball. Attention Homes is a non-profit organization that has two group homes in Boulder County for teenagers with difficulties that preclude their ability to live with their families.

Debbie Starin, Stella May Montgomery, Ruth Tisdale



Property Matters

Things start to slow down toward Winter but we do have a few things to tell you about.

Our biggest addition to the property is a 1998 Ford F250 Pickup Truck. This vehicle will come in very handy, not only in work around the church but assisting people who need a helping hand.



We have started clearing some unneeded material from the storage area in back of the Chancel. It is real easy to just let it pile up but then it becomes a hazard and we must not let that happen.

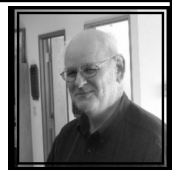
We have only one more task to get our stucco inspection finished, we need to install three outside lights. The county insists on lighting that point down so I am looking at this requirement and what is available that looks pleasing.

The lake continues to be a distraction during the pastor's messages. We may need to put up some kind of screen on the outside doors so he can be more consistent in his sermons (haha). Our lake is a great attraction to the water birds in the area. If you have a chance during the week you might spend a little time on the benches watching them.

The last item is we have at least temporarily converted our men's urinals to waterless. This saves water and actually less odor. The urinals have a layer of oil which traps the urine below. If you need more explanation, contact me.



Your servant, Don Lewis



Hear the Sound ...

The season of advent is literally saturated with music, especially in church, and for that reason, those that give their time to Valmont's music ministry are especially busy during this time! I would like to say a heartfelt "Thank you!" to all those who participate in the music here at Valmont. It is wonderful to have such a dedicated group of people to help share Christ's message of salvation through music! As the choir and bells sing in church this Advent we encourage you to use the words of the choir's music as little devotionals, and the bell anthems as a time of prayer and reflection! Music can be another way to help direct our attention to celebrating the birth of our Savior at this exciting time of year!

In Christ,, Nicole London



"Everything is Grace; we walk upon it; we breathe it; we live and die by it; it makes the nails and axles of the universe" -Robert Louis Stevenson

Submitted by Claudette



The Mission Field

Thank you to Polly Flaim for her wonderful presentation of the mission trip she made to Mongolia last summer with ELIC.



Polly shared how the Christian Church is growing in the country, but could soon be a problem primarily due to the government threatening to implement fees to churches, and the people are so very poor they couldn't afford the fees to keep their churches going. Polly also shared if asked to go again would she? She said she would have a hard time saying yes, but equally a hard time saying no. She said it was very fulfilling, but hard to leave her family and the comforts of home for the summer, but challenges herself and each of us "what is our Mongolia, and where might God could be calling each of us."



Submitted by Debbie G

*People are funny; they want the front of the bus,
Middle of the road,
And back of the church.*

Headline From Bob Stevenson

Ten Commandments

Supreme Court says some OK, some not

By [illegible]
The Supreme Court has ruled that some religious practices are constitutional, but others are not. The court's decision is a landmark ruling that will have a major impact on the future of religion in America. The court said that the government cannot discriminate against religious groups, but it can regulate religious practices that are not essential to the faith. The court also said that the government can regulate religious practices that are not essential to the faith. The court also said that the government can regulate religious practices that are not essential to the faith.

*We're called to be witnesses,
not lawyers or Judges.*



I didn't know we could choose!!



Christmas Quiz



Why did Joseph and Mary travel to Bethlehem?

What animal did Mary ride?

What did the angels sing to the shepherds?

What did the shepherds do when they saw the star?

How many kings came to worship Jesus in the manger?

What were their names?

What gifts did they bring?



Key: (Luke 2:1-20; Matthew 2:1-12)

1. Caesar Augustus had ordered a census. (Luke)
2. There is no biblical record that Mary rode any animal. Joseph was a just a carpenter, so she probably walked.
3. The angels spoke to the shepherds, they didn't sing. (Luke)
4. The shepherds didn't see the star, the Magi did. (Matthew)
5.
 - a. No kings came to worship Jesus. The carol "We Three Kings" has incorrectly immortalized the Magi as kings.
 - b. Because there were three gifts, tradition has assigned one person per gift, but we don't know how many Magi went to Bethlehem.
 - c. Also the Bible records that the Magi found Jesus in a "house," not a manger. Because they had to recognize the birth sign (the star), get organized, travel several hundred miles and stop in Jerusalem first, they probably didn't arrive in Bethlehem till several months or more following the birth.
6. The Bible doesn't record the names of the Magi. Western extra-biblical tradition has identified them as Caspar, Melchior and Balthasar. (Casper or Balthasar, depending on your source, is sometimes represented as being dark-skinned.
7. The Magi brought gifts of gold, frankincense and

Can you name these obfuscated Christmas carols?

1. Approach Everyone Who Is Steadfast
2. Hush, the Foretelling Spirits Harmonize
3. Hey, Minuscule Urban Area Southwest of Jerusalem
4. Quiescent Nocturnal Period
5. The Primary Carol
6. What Offspring Abides Thus?
7. Seraphim We Aurally Detect In the Stratosphere
8. The Slight Percussionist Lad
9. The Event Occurred at One Minute after 11:59 p.m. –
Visibility Unlimited
10. Are You Experiencing Parallel Auditory Input?



Key:

1. O Come All Ye faithful
2. Hark! The Herald Angels Sing.
3. O Little Town of Bethlehem
4. Silent Night
5. The First Noel
6. What Child Is This?
7. Angels We Have Heard On High
8. The Little Drummer Boy
9. It Came Upon a Midnight Clear
10. Do You Hear What I Hear?



It's your Vintage

Anyone who would like to contribute articles, picture, recipes or anecdotes, please submitted by the 20th prior to publication month to **Mike Greever** via email at mgreever@prestigerealtygroup.com or give to **Ella in the office**
Publication Months: Jan, Mar, May, Jul, Sep, Nov.